

Mather Vision Group  
1401 Union Street  
Lafayette, IN 47904  
(765) 742-1955

### Contact Lens Agreement

1. Always wash hands. Keep contact lens work area clean.
2. Do not get cosmetics, lotions, soaps, cream, deodorants or sprays on contacts.
3. Use instructed solutions. Do not use saliva or water to clean contact lens. Always use fresh unexpired lens care solutions.
4. Minor irritation is normal in order to adjust to contact lens. Any irritation that persists or any unusual discharge from eye, remove the contact and please contact our office.
5. Do not use tanning beds while wearing contact lens.
6. Do not sleep in contact lens, unless instructed to do so by doctor.
7. Follow-up appointments continue for 3 months after dispensing and are included in the fitting of contact lens.
8. Build up wearing time: 4 hours for the 1<sup>st</sup> 3 days. Increase an hour more each day thereafter, until reaching maximum wearing time of 10-12 hours.
9. Some contacts are kept in stock. Reorder lens should be called in a week ahead of depletion to insure availability. Know your contact lens prescription for each eye. Always keep a supply of replacement lenses on hand.
10. Do not swim or shower while wearing contacts; this can result in an eye infection or loss of contact lens.
11. Do not use a lens beyond expiration date.
12. If contact lens sticks in eye or begins to dry on the eye, apply several drops of a lubricating solution. You should wait until the lens begins to move freely on the eye before attempting to remove it. If the lens continues to stick, consult your eye doctor.
13. Never use tweezers or other tool to remove lenses from the lens container unless specifically indicated for that use. Pour the lens into the hand.
14. Do not touch the lenses with fingernails. This could cause the contact to rip or scratch the eye.
15. Always contact the eye care professional before using any medicine in the eyes.
16. Contact lens prescription is valid for 1 year. Current prescription is needed for the purchase of lenses.

I have read and understand the above agreement: \_\_\_\_\_

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